



DO YOU REALLY KNOW WHAT YOU ARE GETTING YOURSELF INTO?

Getting trapped in a confined space at work could prove fatal without adequate training and the right equipment

FACT

Work in confined spaces kills people every year in the UK across a wide range of industries*

*HSE 2007



ACT BEFORE IT'S TOO LATE!

- ✓ Test air to check it's free from toxic and flammable vapours before entering a confined space
- ✓ Wear breathing apparatus where there is any doubt about oxygen supply
- ✓ Wear a rescue harness attached to a lifeline when entering confined spaces
- ✓ Ensure a good communication system is in place to people on the outside
- ✓ Never try to 'sweeten' the air in a confined space with oxygen as this can greatly increase the risk of a fire or explosion

FOR MORE INFORMATION

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