



IS NOISE AT WORK MAKING IT HARDER TO HEAR AT HOME?

Noise at work can lead to you losing your hearing. Hearing loss is preventable, but once your hearing has gone, it won't come back

FACT

Over 1 million employees in Great Britain are exposed to levels of noise, which puts their hearing at risk*

ACT BEFORE IT'S TOO LATE!

- ✓ Carry out regular noise risk assessments
- ✓ Always wear suitable ear protection where required
- ✓ Take regular breaks when using noisy power tools or machinery
- ✓ Use noise reduction equipment when provided
- ✓ Increase your distance from the source of the noise wherever possible

*HSE 2007



FOR MORE INFORMATION

☎ 0870 050 9991

E-mail: healthandsafety@aplant.com

Web: www.aplant.com



Control Code: 10/07/1078